



# City Meet (Championship Meet)

GPSA Wiki Documentation

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Greater Peninsula Swimming Association

[wiki.gpsaswimming.org](http://wiki.gpsaswimming.org)

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City Meet is GPSA's end-of-season championship meet, held on a Saturday in late July or early August. Swimmers who have earned qualifying times during the regular season compete against swimmers from all GPSA teams at a single venue.

The date for each season is published on the [GPSA Meet Schedule](#).

## Qualifying

To compete in an individual event at City Meet, a swimmer must have achieved the qualifying time for that event during the current season. Times must have been swum at a GPSA meet under GPSA stroke and turn judging.

Current qualifying standards are listed on the [City Meet Qualifying Times](#) page.

**Age is determined as of June 1st of the current season.** A swimmer who turns 11 on July 15th but was 10 on June 1st competes in the 9-10 age group for the entire season, including City Meet.

## Relays

Any GPSA swimmer may participate in relay events regardless of whether they have a qualifying time for any individual event.

## Event entries

Coaches and GPSA Representatives manage event entries — parents do not submit entries directly.

Each swimmer may be entered in:

- Up to **3 individual events**, limited to events for which they have a qualifying time
- **1 relay** (no qualifying time required)

A swimmer who has qualified in only 1 or 2 events may only be entered in those events.

## Day of the meet

### Schedule

Warm-ups typically begin around 8:00 AM with competition starting around 9:00 AM, running through mid-afternoon. Specific warm-up lane and time assignments for each team are published in the meet invite and on the [GPSA Invitationals site](#).

### Order of events

Events run in this order. Between strokes, there is a ~20-minute break during which medals are awarded to the top 8 finishers from the previous stroke.

1. Individual Medley (IM) — ages 9-10 through 15-18
2. Freestyle — ages 6&U through 15-18
3. Breaststroke — ages 8&U through 15-18
4. Backstroke — ages 6&U through 15-18
5. Butterfly — ages 8&U through 15-18

## 6. Relays — Open 200M Medley Relay and Open 200M Freestyle Relay

See [What is an Individual Medley?](#) if you're new to the IM event.

## Following your swimmer

Use the **SwimTopia mobile app** — the same one you've used during the regular season — to look up your swimmer's event number, heat, and lane assignment. Results are posted in the app after each event. Note that viewing live results and heat sheets in the app requires a SwimTopia subscription (available at low cost). See [SwimTopia's guide for parents](#) for setup instructions.

A heat sheet is also published on the [GPSA Invitationals site](#) before the meet as a free alternative.

## What to bring

- **Swimsuit and team cap** — required for competition
- **Goggles, towels, warm clothes** — the venue is air-conditioned indoors
- **Water and snacks** — outside food and beverages are not permitted inside the facility; concessions are available on-site

**Tech suits are not permitted.** Tech suits are high-performance racing suits made of water-repellent technical fabrics with bonded seams and compression panels. Standard competitive swimsuits are fine.

## Venue & parking

The meet location is announced each season on the [GPSA Meet Schedule](#) and the [GPSA Invitationals site](#). Once you know the venue, find the participant guide for that location:

- [Hampton Virginia Aquaplex \(HVA\)](#)

Regardless of venue:

- Only coaches, officials, swimmers, and meet volunteers are permitted on the pool deck
- No outside food or beverages permitted in the facility
- No photos or videos from behind the starting blocks

## Awards

- **Individual and relay events:** medals for 1st through 8th place
- **Team trophies:** 1st through 6th place overall
- **Stoney Glass Cup:** awarded to the overall team champion and passed to the next champion each year

## Related Resources

- [City Meet Qualifying Times](#)
- [Summer Splash Invitational](#) — for swimmers without qualifying times, held the week before City Meet
- [GPSA Invitationals site](#) — official meet information, heat sheets, and results
- [GPSA Representative Duties](#) — entry submission and meet-day rep responsibilities